# Profile

Lawyer and Certified Coach. Exceptional leadership and management skills, with excellent educational foundation and solid track record of achievements. Solid professional credentials with undergraduate and graduate degrees and certified coaching credential and graduate of Leadership Training program. Called to the Bar in B.C and member of the Law Society of B.C and the International Coaching Federation. Currently studying Human Resource Management at Simon Fraser University.

# Experience

## President, Ignite Coaching Inc October 2007 to present

* Ignite Coaching Inc. was incorporated in 2007 to handle the coaching business that Karen had developed as a result of her coach training and professional certification as a coach. Karen is a graduate of the CTI Leadership program. Through Ignite Coaching, Karen coaches lawyers around the country, as well as executives and the general public. She presents workshops on personal development, stress management /work-life balance (stillness) and leadership training. Karen is a coach consultant to RJohnson Inc, a legal recruitment firm in Vancouver, BC

## Lawyer, Emerald Law Corporation April 2009 to present

* Emerald Law Corporation is a real estate law firm focused on personal service and thorough attention to clients’ real estate needs, while ensuring that the transaction is successfully concluded. Karen Bresler established Emerald in 2009 and continues to represent clients who have been with her for many years, even prior to the establishment of this, her own law firm. The firm has clients who have testified to the services of both Karen Bresler and Emerald Law Corporation as exceeding expectations.

## Real Estate Lawyer July 2002 to March 2009

* Real estate law firms in Vancouver and North Vancouver
* Real Estate and Corporate Lawyer.
* Staff of 6 to 20 support staff.

## Lawyer, A. Cameron Ward & Company May 2000 to July 2002

* Litigation lawyer in Personal Injury Law, both Plaintiff and Defence
* Litigation lawyer in general litigation matters, one of which was a ten week trial in a real estate matter.

# Education

## Leadership Training, Coaches Training Institute, USA 2010-2011

## Certified Professional Coach, Coaches Training Institute, USA 2007-2009

## University of Ottawa 1998-1999

National Committee on Accreditation Examinations

Federation of Law Societies of Canada, accreditation of prior qualifications.

## Mediation training 2000, 2004

Canada

## Bachelor of Laws 1985-1986

University of the Witwatersrand, Johannesburg, South Africa

## Bachelor of Arts

## Majors in Psychology (Human Resources) and Law 1982-1984

University of the Witwatersrand, Johannesburg, South Africa

# Skills

Excellent leadership and emotional intelligence skills, and management of people and businesses. Excellent written and verbal communication. Proven ability to lead, organize, manage and inspire and motivate; focused on success and results. Highly intuitive. Superpower of connection. Ability to inspire, lead and influence. Practices to highest standards. Volunteers with the Minerva Foundation as a Coach. Creative design of three websites. Marketing expertise. References available upon request.